

LISA ALDRIDGE

Lisa began her training at Elmhurst Ballet School at the age of 11. On graduating she joined The Ballet Company of Innsbruck, Austria. When the company became more contemporary based Lisa decided to follow her passion for teaching and returned to the UK. She quickly established herself as an exceptional young teacher and consequently was awarded the prestigious Imperial Classical Ballet's Mavdor Award.

Having qualified in both Imperial and Cecchetti Classical Ballet, Lisa decided to broaden her teaching experience in Europe. In 1998 she returned to the UK and joined The Swindon College Foundation Course as Classical Ballet lecturer. Lisa's teaching skills have been employed by some of the most notable professional dance establishments, including Italia Conti, Laine Theatre Arts and Elmhurst Ballet School. The experience led to her appointment as Head of Ballet at The Centre where her work continued with many of her past students now performing in companies across the world.

The experience led to her appointment as Head of Ballet at Liberatus Performing Arts in Swindon where her work continued and many of her past students are now performing in companies across the world.

In 2016 Lisa was appointed as an examiner by the ISTD for their examinations in Classical Ballet. As a result Lisa has been invited to teach at The Imperial Ballet Awards, The Imperial Ballet Junior Awards and on many courses and summer schools.

Lisa is principal of her own school Lisa Aldridge Dance.